

## *Belvoirdale Primary School*

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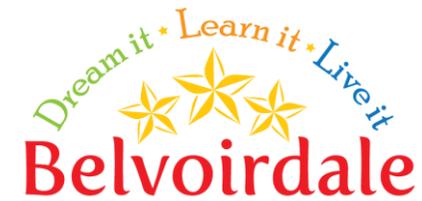
*Headteacher: Mr Richard Dax*

*Deputy Head: Mrs Cheryl Sargeant*

High quality SRE education helps us to provide a community in which pupils can grow, learn and develop positive and healthy behaviours for life.

It is important that the teaching of SRE begins at an early stage and that it is relevant to pupils at each stage in their development and maturity.

SRE plays a vital part in meeting a school's safeguarding obligations. It is a statutory obligation for schools to have a clear and preventative programme that enables all pupils to learn about safety and risks in all relationships.



Year 5

## Sex and Relationship education



Coordinated by Miss Cross

## Sex and Relationship Education in Year 5

Sex and Relationship Education (SRE) will be compulsory in Primary Schools for all ages from 2019. Over the course of the year we will be looking at the following areas as part of an ongoing programme of Sex and Relationship Education within our school.

### Relationships:

We will be discussing a range of family relationships; describing the different qualities associated with friends and with family. Within the unit we will discuss the meaning of the word 'love' and the different meanings 'love' has e.g. loving your friends, family and hobbies. We will also be developing our skills to prevent conflict between friends.

### Learning outcomes:

- To have explored some of the differences in relationships between friends and family.
- To be able to consider and discuss a range of family types including homosexual/lesbian parents, single parents, foster carers
- To have considered the meaning of the word love and the variety of different meanings that it has
- To have considered how other people feel in some situations and how this helps or hinders friendships
- To have practised skills needed to maintain relationships

### Support networks:

We will be identifying people in the children's immediate support network and beyond, and those that they can ask for help from, in certain situations.

### Learning outcomes:

- Identify people in their support network and describe why they are special to them.
- Demonstrate that they know how to ask for help and support.
- Identify whom to ask for help in certain situations.
- Identify some sources of outside support beyond their immediate network
- Identify possible risks in seeking support and how to manage these.

### Puberty and Hygiene

**This topic is part of the Science National Curriculum and must therefore be delivered** within the unit we will be understanding the importance of keeping clean and be able to name the sexual and reproductive parts of the human body using correct

terminology. In addition we will discuss the main physical and emotional changes in puberty for boys and girls.

### Learning outcomes:

- To name the main male and female internal and external sexual reproductive parts, using the correct terminology.
- To be aware that puberty occurs at different times for different people and be able to explain why.
- To identify and describe the main physical and emotional changes that takes place at puberty for boys and girls.
- To be able to identify and understand how hygiene needs change during puberty.
- To make clear the link between changes at puberty, sexual intercourse and the start of a baby.
- To explore girls perceptions of boys and boys perceptions of girls in a variety of situations.

### Reproduction and Pregnancy

**This topic is part of the Science National Curriculum and must therefore be delivered.** We will be discussing how conception occurs and the main stages of development of a baby in the uterus.

### Learning outcomes:

- To be able to explain how conception occurs in humans.
- To understand that many people use contraception to control when they have children and how many they have.
- To be aware of the stages of development of a baby in the uterus.
- To be able to discuss some of the responsibilities of parenthood.

*This SRE overview provides greater clarity as to what children will be learning about in class. This is an approved scheme of work that is age appropriate.*

*Any appropriate and relevant questions that the children ask from class discussions will be answered honestly. All teachers have received specialised training.*

*As a parent you have the right to withdraw your child from the elements of SRE which are not included in the Science National Curriculum. If you would like to discuss this further or withdraw your child from SRE, a request must be put in writing to the headteacher.*

Miss Cross

