

Belvoirdale Primary School

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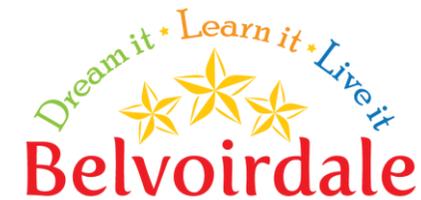
Headteacher: Mr Richard Dax

Deputy Head: Mrs Cheryl Sargeant

High quality SRE education helps us to provide a community in which pupils can grow, learn and develop positive and healthy behaviours for life.

It is important that the teaching of SRE begins at an early stage and that it is relevant to pupils at each stage in their development and maturity.

SRE plays a vital part in meeting a school's safeguarding obligations. It is a statutory obligation for schools to have a clear and preventative programme that enables all pupils to learn about safety and risks in all relationships.



Year 4

Sex and Relationship Education



Coordinated by Miss Cross

Sex and Relationship Education in Year 4

Sex and Relationship Education (SRE) will be compulsory in Primary Schools for all ages from 2019. Over the course of the year we will be looking at the following areas as part of an ongoing programme of Sex and Relationship Education within our school.

Emotions

In this unit we will be describing how a range of emotions affect us.

Learning outcomes:

- To identify and recognise in themselves a range of different emotions.
- To understand how their emotions affect their interactions with other people.
- To give examples of their actions which can affect the emotions of other people.
- To appreciate that their emotions can lead them into risky situations.

Changes

We will understand that change occurs all the time and some changes affect us.

We will also be discussing physical changes and reassuring children that changes might happen at different times for different people and that this is ok.

Learning outcomes:

- To appreciate that over time we change, physically and emotionally.
- To consider changes that can take place in our lives and those of others.

- To appreciate that as we change we are able to do different things and take on different responsibilities.

Assertiveness

We will be exploring how assertiveness is a key skill needed in relationships, and in everyday life. By understanding what assertiveness means and by being able to practise assertiveness in a safe, non-threatening environment, we will enable children to use this skill in everyday life.

Learning outcomes:

- To understand and be able to use assertiveness skills.
- To have practised being assertive in different situations.

This SRE overview provides greater clarity as to what children will be learning about in class. This is an approved scheme of work that is age appropriate.

Any appropriate and relevant questions that the children ask from class discussions will be answered honestly. All teachers have received specialised training.

As a parent you have the right to withdraw your child from the elements of SRE which are not included in the Science National Curriculum. If you would like to discuss this further or withdraw your child from SRE, a request must be put in writing to the headteacher.

Miss Cross