

Belvoirdale Primary School

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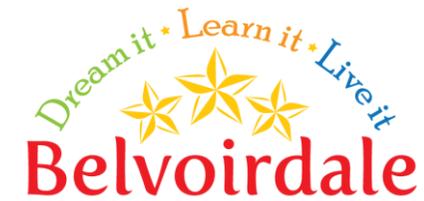
Headteacher: Mr Richard Dax

Deputy Head: Mrs Cheryl Sargeant

High quality SRE education helps us to provide a community in which pupils can grow, learn and develop positive and healthy behaviours for life.

It is important that the teaching of SRE begins at an early stage and that it is relevant to pupils at each stage in their development and maturity.

SRE plays a vital part in meeting a school's safeguarding obligations. It is a statutory obligation for schools to have a clear and preventative programme that enables all pupils to learn about safety and risks in all relationships.



Year 3

Sex and Relationship Education



Coordinated by Miss Cross

Sex and Relationship Education in Year 3

Sex and Relationship Education (SRE) will be compulsory in Primary Schools for all ages from 2019. Over the course of the year we will be looking at the following areas as part of an ongoing programme of Sex and Relationship Education within our school.

Self Esteem

In this unit we will be discussing children's own individual strengths and abilities and identifying an area that can be improved and strengthened.

Learning outcomes:

- To see oneself as special, to recognise strengths, abilities and personal characteristics.
- To have begun to build self-esteem and confidence by looking at their skills and achievements.
- To begin to identify personal areas that need improvement.

Differences and Similarities

In this unit we will be recognising that humans have differences and similarities that arise from a number of factors including cultural, ethnic, racial and religious diversity, gender and disability.

Learning outcomes:

- To consider factors that contribute to their own identity.
- Consider similarities and differences between people in their community.
- Understand that people's actions and responses will be affected by different factors.
- Be able to recognise and challenge some stereotypes

Decision Making

In this unit we will be thinking about what decision making is and what consequences are.

Learning outcomes:

- To be able to demonstrate simple decision making strategies.
- To know that there are consequences for every decision.

Safety

We will be exploring how pressure comes from a variety of sources and learning techniques to resist pressure.

Learning outcomes:

- To be able to identify potential pressures in different environments.
- To recognise that pressure to behave in an acceptable or risky way can come from a variety of sources, including media and people they know.
- To demonstrate basic techniques to resist pressure.
- To know who they can go to for support and help.

This SRE overview provides greater clarity as to what children will be learning about in class. This is an approved scheme of work that is age appropriate.

Any appropriate and relevant questions that the children ask from class discussions will be answered honestly. All teachers have received specialised training.

As a parent you have the right to withdraw your child from the elements of SRE which are not included in the Science National Curriculum. If you would like to discuss this further or withdraw your child from SRE, a request must be put in writing to the headteacher.

Miss Cross