

## *Belvoirdale Primary School*

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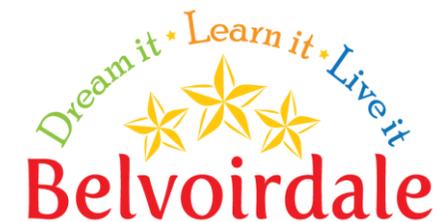
*Headteacher: Mr Richard Dax*

*Deputy Head: Mrs Cheryl Sargeant*

High quality SRE education helps us to provide a community in which pupils can grow, learn and develop positive and healthy behaviours for life.

It is important that the teaching of SRE begins at an early stage and that it is relevant to pupils at each stage in their development and maturity.

SRE plays a vital part in meeting a school's safeguarding obligations. It is a statutory obligation for schools to have a clear and preventative programme that enables all pupils to learn about safety and risks in all relationships.



Year 1

## Sex and Relationship Education



Coordinated by Miss Cross

## **Sex and Relationship Education in Year 1:**

Sex and Relationship Education (SRE) will be compulsory in Primary Schools for all ages from 2019. Over the course of the year we will be looking at the following areas as part of an ongoing programme of Sex and Relationship Education within our school.

### **Myself and Others**

We will be recognising that everybody is special, and although we are similar, we are different and its ok to enjoy doing different things.

#### **Learning outcomes:**

- To know the importance of valuing oneself.
- To begin to realise that everyone is different and that this is ok

### **Body Parts**

We will be naming the external parts of the body, including the vagina and penis using correct terminology and identifying the differences between boys and girls.

#### **Learning outcomes:**

- Name the external parts of the body, including the vagina and penis, and identify the differences between boys and girls.

### **Family**

Understanding that families have special roles in children's lives and how they care for each other.

#### **Learning outcomes:**

- Describe their family circumstances, recognising that families are different for everyone.

### **Friendships**

We will be exploring what friendship is and how to keep a friendship.

#### **Learning outcomes:**

- To describe who a friend is and what a friend does.
- To demonstrate some skills needed to make and maintain friendships.

### **Choices**

We will be exploring how in life we have choices.

#### **Learning outcomes:**

- To recognise that some choices will be wrong and other choices will be right
- To identify a simple way for decision making.

*This SRE overview provides greater clarity as to what children will be learning about in class. This is an approved scheme of work that is age appropriate.*

*Any appropriate and relevant questions that the children ask from class discussions will be answered honestly. All teachers have received specialised training.*

*As a parent you have the right to withdraw your child from the elements of SRE which are not included in the Science National Curriculum. If you would like to discuss this further or withdraw your child from SRE, a request must be put in writing to the headteacher.*